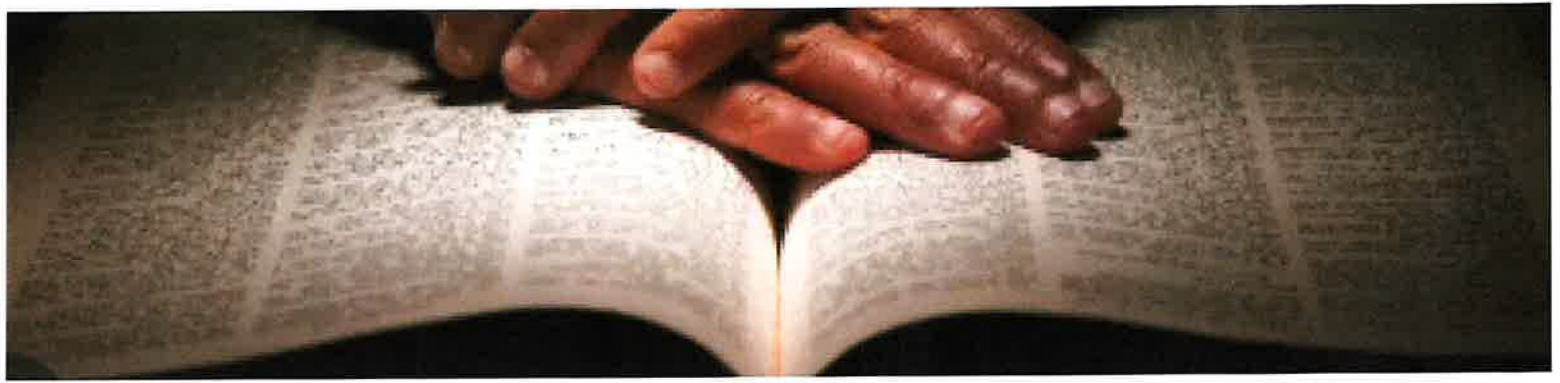




NEW HOPE BAPTIST CHURCH

AUGUST 2026

Pressing Towards The Mark
RENEWING YOUR STRENGTH

BIBLE STUDY

Join us in a series that emphasizes spiritual growth that goes beyond personal accomplishments and achievements. "Renewing Your Strength" is about evolving in spiritual maturity and developing and consistently executing in your ability to remain focused on God's promises, when faced with opposition. Let's be intentional on following the "Roadmap for Spiritual Renewal."

TUESDAYS – 12 PM

August 11, 18, 25

WEDNESDAYS – 6 PM

August 12, 19, 26

1415 Big Bethel Road Hampton, Va 23666 757.766.3232

FACEBOOK | NEWHOPEHAMPTON.ORG



Dr. Christopher C. Carter, Sr.
Pastor

HANDOUTS / CHURCH WEBSITE

A portrait of Dr. Christopher C. Carter, Sr., a Black man with glasses, wearing a dark pinstripe suit, white shirt, and a dark bow tie. He is smiling and looking towards the camera. The portrait is framed by a decorative, multi-layered yellow and white geometric border.

From The Pastor's Corner

DR. CHRISTOPHER C. CARTER, SR.

To Encourage You

We have passed the halfway point of 2026, with just a little over four more months to go before we end another year. This year we have been intentional on focusing on 'Pressing towards the mark...'

Let me remind you that every believer will experience seasons of fatigue, disappointment, transition, and spiritual battles. God never intended for us to live depleted lives. Instead, As you continue to "PRESS" God invites you to continually renew your strength in His presence.

Renewing your strength is more than recovering from exhaustion—it is being spiritually refreshed so we can faithfully serve God's Kingdom. As we grow in Christ, we learn that true strength comes from God's promises, His presence, and His Spirit.

This Bible Study will encourage believers to remain spiritually focused, resilient, and committed to God's purpose, regardless of life's challenges. My challenge to you is that you would be focused on the promises of God, as a Kingdom Builder, be focused that it is your responsibility and rightful privilege to exchange weariness for worship, discouragement for hope, and self-reliance for dependence upon God. Collectively, let's "Pray and Praise" it forward - for we are stronger and better together in unity - focused upon the promises of God! This month we have provided you with a 'RoadMap to Renewing Your Strength' - please take the time to daily become intentional on the path to renewing your strength!

A decorative border at the bottom of the page featuring a repeating pattern of concentric, stylized diamond or square shapes in a light yellow/gold color.

RENEWING YOUR STRENGTH

AUGUST 2026 BIBLE STUDY GUIDE

LESSON 1 | Waiting Well: Strength Comes from God's Presence

Key Scriptures

- **Isaiah 40:28–31*** {Isaiah 40:31}
- Psalm 27:13–14
- Psalm 46:10

Lesson Objective

Waiting on God is not wasted time. It is preparation time. God strengthens us while we wait.

Opportunities for Renewal

1. God Never Grows Weary

If God never becomes tired, neither does His ability to sustain us.

2. Waiting Develops Faith

Waiting teaches patience, humility, and complete dependence upon God.

3. Renewed Strength Produces Endurance

God doesn't merely help us survive difficult seasons; He equips us to soar above them.

The Illustration of The Eagle

An eagle does not fight every storm. It allows the wind to lift it higher. Likewise, believers can allow God's power to carry them above life's circumstances instead of being overcome by them.

Discussion Questions

- Why is waiting often difficult?

- What has God taught you during a season of waiting?

- How can waiting become an act of worship?

Weekly Faith Challenge

- Memorize the scripture **Isaiah 40:31**
 - Begin every morning with ten minutes of quiet prayer before checking your phone.
 - Keep a journal titled "**Where I Saw God's Strength Today.**"
 - Pray specifically before making major decisions this week.
-

LESSON TWO | Renewing Your Mind

Key Scriptures

- Romans 12:1–2* {Romans 12:2}
- Philippians 4:8
- Joshua 1:8

Lesson Objective

Our spiritual strength rises or falls with the condition of our minds.

Teaching Points

1. Every Transformation Begins with New Thinking

God changes our lives by changing our minds.

2. Your Mind Determines Your Direction

Fear produces retreat.

Faith produces obedience.

3. Feed Your Faith

Whatever you consistently consume eventually shapes your perspective.

The Illustration of Jesus while in the Wilderness

Jesus resisted every temptation in the wilderness by responding with Scripture.

If Jesus relied upon God's Word, how much more should we?

Discussion Questions

- What voices influence your thinking the most?

- What biblical truth has carried you through difficult seasons?

- How can you become more intentional in renewing your mind?

- Identify a negative thought that you have believed – let's identify a Biblical Truth to renew our mind

Weekly Faith Challenge

- Memorize the scripture Romans 12:2*
- Read one Psalm every day.
- Replace (30) minutes of social media (or talking on the phone, laying down, etc...) with Bible reading.

LESSON THREE | Empowered by the Holy Spirit

Key Scriptures

- Acts 1:8*
- Galatians 5:16–25
- Ephesians 3:16

Lesson Objective

God never intended us to live the Christian life in human strength.

Teaching Points

1. God's Spirit Gives Power

The Holy Spirit empowers ordinary people to accomplish extraordinary Kingdom work.

2. Spiritual Fruit Demonstrates Spiritual Strength

Strength is not measured by activity but by Christlike character.

3. God Strengthens Us from the Inside Out

Lasting transformation begins in the heart.

The Illustration of Peter denying Christ

Peter denied Christ before Pentecost.

After being filled with the Holy Spirit, Peter boldly preached and thousands believed.

The difference was not Peter.

The difference was God's power.

Discussion Questions

- Where do you tend to rely on yourself?

- Which fruit of the Spirit needs greater development?

- How has the Holy Spirit strengthened you?

Weekly Faith Challenge

- Memorize the scripture Acts 1:8*
- Each morning pray: *"Holy Spirit, lead my thoughts, words, and decisions today."*
- Do something for someone this week without expecting recognition.

LESSON FOUR | Finishing Strong

Key Scriptures

- Hebrews 12:1–3* {**Hebrews 12:2**}
- Philippians 3:12–14
- 2 Timothy 4:7–8
-

Lesson Objective

God calls believers not simply to start well but to finish faithfully.

Teaching Points

1. Remove Spiritual Weights

Some things are not sinful but still slow our spiritual progress.

2. Fix Your Eyes on Jesus

Focus determines endurance.

3. Encourage Others Along the Journey

Strong believers strengthen others.

Illustration of a marathon runner

A marathon runner finishes by keeping their eyes on the finish line, not the crowd. Likewise, believers remain faithful by fixing their attention on Christ rather than life's distractions.

Discussion Questions

- What distractions compete for your attention?

- What "weight" do you need to lay aside?

- Who has encouraged you spiritually?

- Who can you encourage this week? Make a decision to reach out to 3 people.

Weekly Faith Challenge

- Memorize **Hebrews 12:2** Write an encouraging note to someone who may be weary.
- Fast from one distraction that keeps you from spending time with God.
- Share your testimony with one person this week.

A ROADMAP TO RENEWING YOUR STRENGTH

Four Truths to Remember – *Identify the scriptures that support each truth.*

1. God's Presence renews our strength.
2. God's Word renews our minds.
3. God's Spirit renews our power.
4. God's Purpose renews our perseverance.

Daily Scripture Reading Plan – *Read these scriptures for the specified day.*

Mondays – Isaiah 40

☐ August 10 ☐ August 17 ☐ August 24 ☐ August 31

Tuesdays – Psalm 27

☐ August 11 ☐ August 18 ☐ August 25

Wednesdays – Romans 12

☐ August 12 ☐ August 19 ☐ August 26

Thursdays – Hebrews 12

☐ August 13 ☐ August 20 ☐ August 27

Fridays – Philippians 3

☐ August 14 ☐ August 21 ☐ August 28

Saturdays – Galatians 5

☐ August 15 ☐ August 22 ☐ August 29

Sundays – Psalm 121

☐ August 9 ☐ August 16 ☐ August 23 ☐ August 30

Prayer for Renewal of Strength – *Pray daily.*

Heavenly Father,

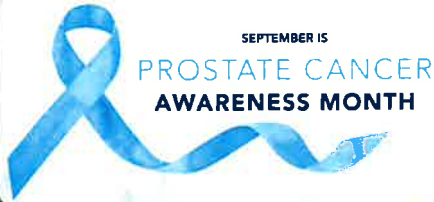
Thank You for being the source of every strength I need. When I grow weary, teach me to wait upon You. Renew my mind through Your Word, empower me through Your Holy Spirit, and help me to keep my eyes fixed on Jesus. Give me endurance to run my race faithfully and courage to encourage others along the way. May my life reflect unwavering faith, joyful obedience, and a steadfast commitment to advancing Your Kingdom. Strengthen me to move to the next level of faith so that You alone receive the glory.

In Jesus' name, Amen.

___ AUG 9	___ AUG 10	___ AUG 11	___ AUG 12	___ AUG 13	___ AUG 14	___ AUG 15	___
___ AUG 16	___ AUG 17	___ AUG 18	___ AUG 19	___ AUG 20	___ AUG 21	___ AUG 22	___
___ AUG 23	___ AUG 24	___ AUG 25	___ AUG 26	___ AUG 27	___ AUG 28	___ AUG 29	___
___ AUG 30	___ AUG 31						

NEW HOPE BAPTIST CHURCH

Monthly Calendar of Events



September 2026

SUN MON TUE WED THU FRI SAT

Bible Study Monthly Series: TBA

COMMUNION 6	- Ofc Closed- 7	NOON DAY BIBLE STUDY 12 PM 8	BIBLE STUDY 6:00 PM 9	CHOIR REHEARSAL 7:15 PM 10	FAMILY BOWLING 6:30 - 8:30 PM 11	NEHEMIAH'S NOOK 8:30 AM 5
Grandparents Day YOUTH 13	LABOR DAY	NOON DAY BIBLE STUDY 12 PM 14	BIBLE STUDY 6:00 PM 15	CHOIR REHEARSAL 7:15 PM 16	17	18 SEASONED SAINTS ALL WHITE DINNER CRUISE 2:30 - 5:00 PM 19
CULINARY MINISTRY 1 ST ANNIVERSARY MINISTRY ENGAGEMENT PASTOR CARTER CHOIR/USHERS TO LZBC HPT 141 ST CHURCH ANNIVERSARY (Pastor Sutherland) 20		NOON DAY BIBLE STUDY 12 PM 21	BIBLE STUDY 6:00 PM 22	CHOIR REHEARSAL 7:15 PM 23	FAMILY BOWLING 6:30- 8:30 PM 24	MISSIONARY BANQUET HONOREE Elder Dee Johnson 26
MEN's DAY 27		NOON DAY BIBLE STUDY 12 PM 28	BIBLE STUDY 6:00 PM 29	30	- MEN'S DAY WEEKEND-	

Scan to Donate

New Hope Baptist Church
@NHBC1415



venmo

Thank you for Giving

OPEN/ ON CALL SCHEDULE

TRUSTEE OLIVER	AUG 31 - SEP 6
DEACON STURGIS	SEP 7 - SEP 13
TRUSTEE WASHINGTON	SEP 14 - SEP 20
TRUSTEE BROWER	SEP 21 - OCT 4

1415 Big Bethel Road, Hampton, VA 23666
Office Hours: Monday through Thursday 10AM - 3PM
Office: (757) 766-3232
Dr. Christopher C. Carter, Sr. Senior Pastor
WWW.NEWHOPEBAPTISTHAMPTON.ORG

FALL into His Truth
No one will be able to stand against you all the days of your life. As I was with Moses, so I will be with you: I will never leave you nor forsake you.

-Joshua 1:5-